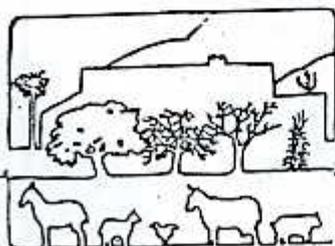
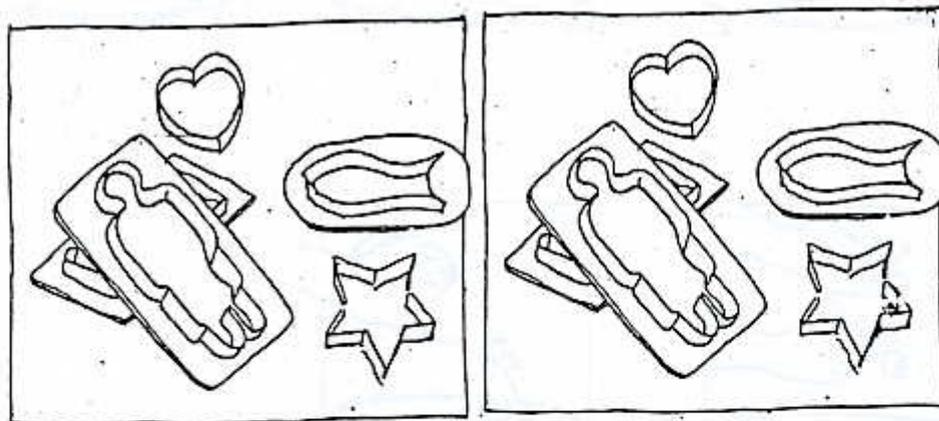


# CRESPELLS



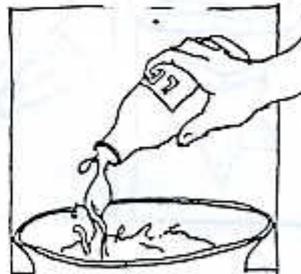
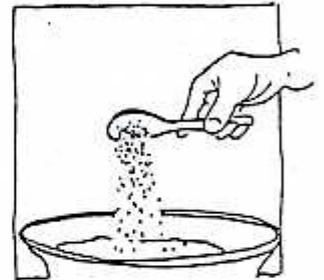
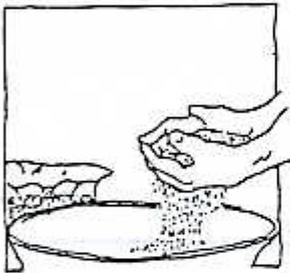
## Ses Sitges

Matèries primeres:

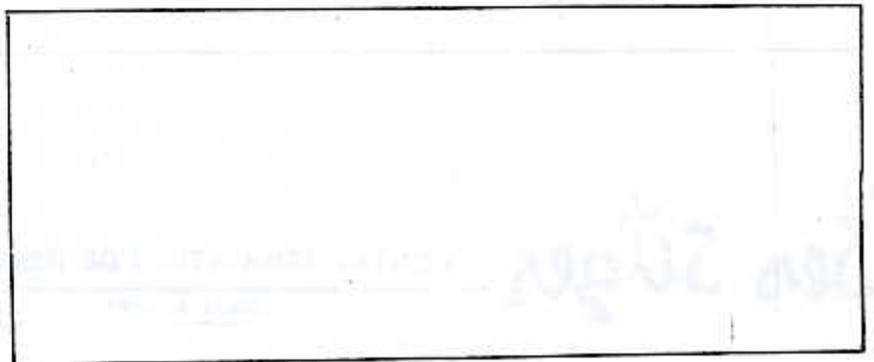
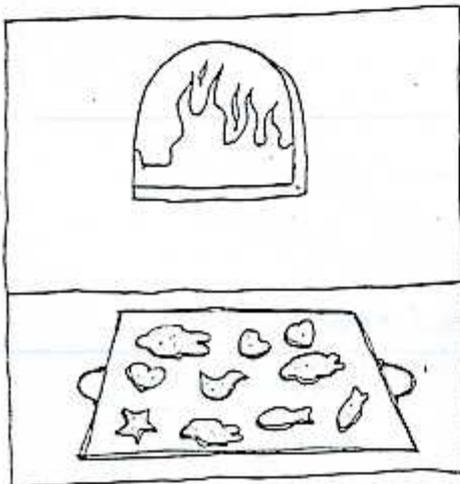
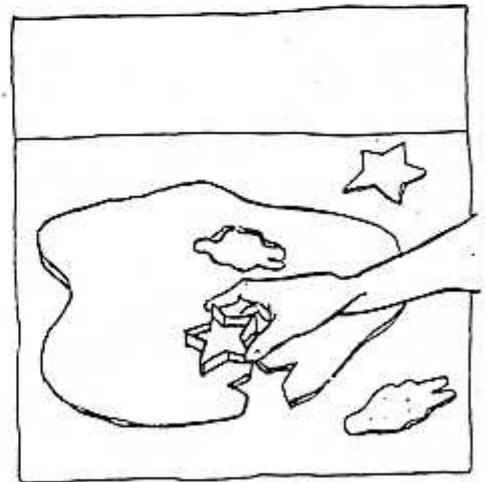
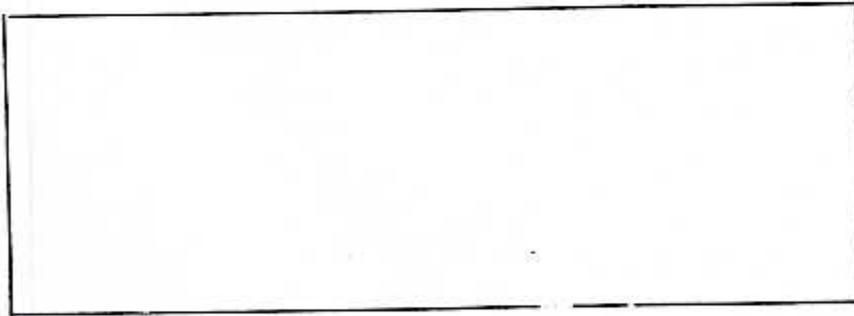
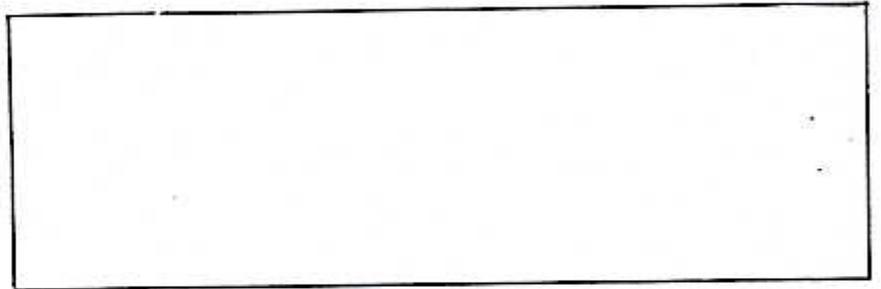
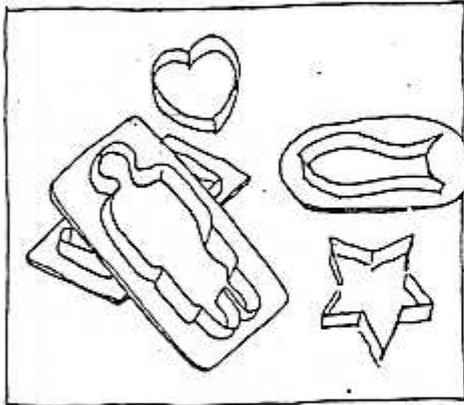
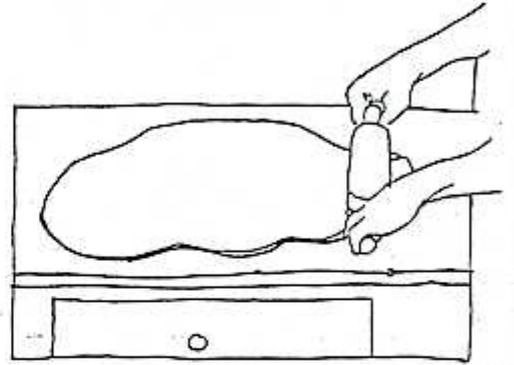
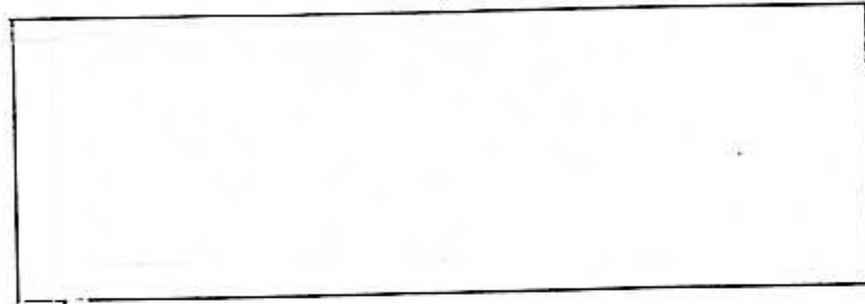
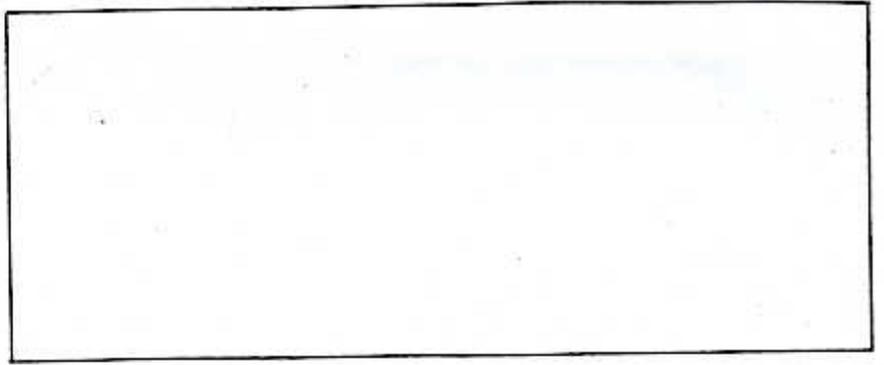
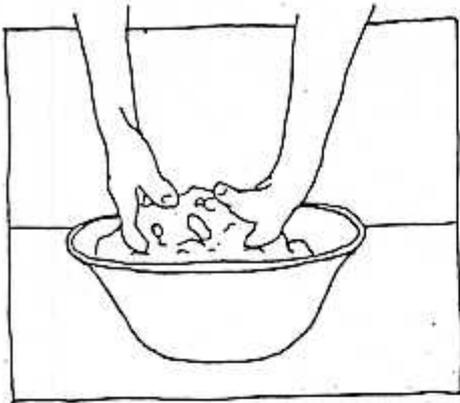
farina, saïm, oli, sucre, ous, llet,  
taronges... (poden variar)

Eines:

ribell o brullola, aplanadora, llançes, forn,  
una superfície plana i varis motllos



assenyola els ingredients emprats





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Sant Llorenç des Cardassar (Mallorca)